

Barnabas Coaching Training Schedule and information

Classroom Thursdays 1-3pm in LL Intern classroom

Sept 5	Week 1: Introduction: The Coaching experience Chapter 1
Sept 12	Week 2: Deeper Listening & Boundaries
Sept 19	Week 3: Discovery Listening – Chapter 2 - Relating
Sept 26	Week 4: Powerful Questions Chapter 3 - Reflecting
Oct 3	Week 5: Creating Awareness – Chapter 4 - Refocusing
Oct 10	Week 6: Designing Actions - Chapter 5 - Resourcing
Oct 17	Week 7: Following up - Chapter 6 - Reviewing
Oct 24	Week 8: Practice – Chapter 7 – Guidelines
Oct 31	Week 9: Prepare to coach Chapter 8 - Concluding
Nov 7	Week 10: Wrap up

Class and cohort expectations

1. Attendance to all classes is required for certification to coach at Vineyard Northwest. One absence is excused with 24 hour prior notification.
2. Reading assignments and fieldwork in the textbook: Coaching 101 by Robert Logan and handouts are supplied and expected to be completed before class.
3. Following the training and during the season of coaching attendance of 4 out of 6 BCT Cohort (group mentoring) meetings (one each month TBA).

Coachee Experience

1. You will have 6 - one hour coaching sessions over the next 6 months with no more than 2 sessions in a given month.
2. Your coach will ask you pre-questions through the online tool mycoachlog.com, that will launch you into dynamic conversations all geared around the goal that you set. You will be required to respond to your coach using mycoachlog.com for maximum impact prior to each session.
3. This tool informs and reviews your coaching sessions and helps you pace yourself so you have the necessary time to work on the commitments you decide to make towards accomplishing the goal(s) you aspire to achieve.
4. You will evaluate your coaching experience two times over the 6 sessions with your coach.

Practice coaching

1. The skills learned in the training and which were modeled by your coach will now be practiced.
2. You will coach one individual for 6 sessions using mycoachlog online tool and be evaluated two times by your coachee.
3. You will be assigned a coachee in consultation with Laurie and Barb.

Application to be certified as a Vineyard Church Northwest Coach

1. Complete both coaching assignments (be coached and practice coaching) and 2 evaluations for each
2. Complete Quiz and live evaluation (video or interview)
3. Attend 4 minimum cohort meetings
4. Complete application for certification